Antifungal property of Lippia origanoides Kunth essential oil

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Lippia origanoides Kunth. (Verbenaceae), also known as "Salva-de-Marajo", is of great importance in the Brazilian traditional medicine. The aim of this study was to evaluate the antifungal activity of the essential oil of *L. origanoides* in relation to *Candida* yeast species. The essential oil (EO) from *L. origanoides* (collected in Santarém, Pará State, Brazil) was obtained by hydrodistillation and analyzed by GC and GC/MS. Carvacrol (46.1 %) and thymol (11.8 %) were the main components found. Antifungal activity against *Candida* yeast species was unraveled by disk diffusion and microdilution assay. The minimum inhibitory and minimum fungicidal concentration (MIC and MFC) were 0.62, 1.25, 0.31 μL mL⁻¹ and 5.0, 2.5, 0.62 μL mL⁻¹ for *C. albicans, C. tropicalis* and *C. parapsilosis*, respectively. The combined use of the EO with Fluconazole has been tested on *Candida* yeasts and the strategy resulted in a synergistic enhancement of the antifungal action of the azolic chemical product. Indeed, in association with 0.125 μL mL⁻¹ of *L. origanoides* EO, the fluconazole MICs dropped from 1.05, 1.05, and 0.12 down to 0.03, 0.03, and 0.01 mg mL⁻¹ for *C. albicans, C. tropicalis* and *C. parapsilosis*, respectively. The combinatorial use of *L. origanoides* EO as chemosensitizer agent should contribute to enhance the efficiency of conventional antifungal drugs, reducing their negative side effects.

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